# U'HI ORKNEY

## LANTRA Rough Terrain Telescopic Lift Truck: Refresher/Experienced Operator

Duration: 1 Day Venue: On-site

#### **Qualification:**

If successful in meeting the required standards assessed, you will be awarded a certificate of competence and a LANTRA skills ID card for your chosen certificate option.

#### **Target audience:**

This course is for you if you are an experienced operator or need refresher training in safely operating a rough terrain telescopic lift truck.

#### **Duration Notes:**

The expected duration for the course is one day however please note this may vary according to factors such as: level of experience; modules or attachments selected; ratio of instructors to learners.

#### **Delivery Method:**

Classroom and practical demonstration and assessment.

#### **Course Content:**

This course will equip you with the knowledge and confidence to operate the machine safely, protecting both you and those around you. The training course will consist of theory and practical sessions, followed by assessment. Course sessions include:

- Lift Truck Safety and the Law
- Common Areas of Maintenance and Pre-start Checks
- Start, Stop and Basic Manoeuvring
- Operating with Pallets and Loads
- Bulk and Difficult Loads
- Rough Terrain Use
- Theory & Practical Assessment

### Please bring the following Personal Protective Equipment:

Steel Toecap Boots, Boiler Suit, High Visibility Vest and Hard Hat

\* Candidates should bring owner's manual for the lift truck they operate.

Short Course Enquiries: Tel 01856 569203 ocshortcourses@uhi.ac.uk