

## LANTRA Counterbalance Lift Truck: Refresher / Experienced

**Duration:** 1 Day

**Venue:** UHI Orkney/On-site

### **Qualification:**

If successful in meeting the required standards assessed, you will be awarded a certificate of competence and a Lantra skills ID card for your chosen certificate option.

### **Target audience:**

This course is for you if you are an experienced operator or need refresher training in safely operating a counterbalance lift truck.

### **Duration Notes:**

The expected duration for the course is one day, however, please note this may vary according to factors such as level of experience, modules or attachments selected, or the ratio of Instructors to Learners

### **Delivery Method:**

Classroom and practical demonstration and assessment.

### **Course Aims:**

This course aims to equip you with the knowledge and confidence to operate the machine safely, protecting both you and those around you.

### **Course Content:**

Course sessions include:

- Lift Truck Safety and the Law
- Common Areas of Maintenance and Pre-start Checks
- Start, Stop and Basic Manoeuvring
- Operating with Pallets and Loads Appendices (as relevant)
- Theory Assessment
- Practical Assessment

### **Please bring the following Personal Protective Equipment:**

- Steel toecap boots

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- Boiler Suit
- High Visibility Vest
- Hard Hat

\* Candidates should bring owner's manual for the Forklift truck they operate