

Highfield Award in First Aid at Work (Requalification) Blended Learning

Duration: 2 Days

Venue: UHI Orkney

Qualification:

Highfield Award in First Aid at Work at SCQF Level 6.

Aims

The objective of this qualification is to support those individuals who require to re-qualify as a First Aider in the workplace.

Requirements

Highfield state that *'learners have a one-month period of grace in which to renew their certification, post-certificate expiry, however it is important to note that during this period learners are not qualified to provide first aid.'*

You must forward a copy of your current First Aid at Work certificate.

It is recommended that learners are a minimum of 16 years of age and advised that learners have a minimum of National 5 (or equivalent) English and are physically capable of completing the practical assessment.

Pre-course requirements

To adhere to Highfield learning guidance, we are required to post out the handbook to all candidates in advance of attending training. Please supply a postal address at the point of booking.

Course content

The course will cover the following topics:

- Responsibilities of the first aider
- Assessing an incident
- Managing an unresponsive casualty
- The respiratory system
- Wounds and bleeding
- Shock and seizures

- Dealing with minor injuries
- The human skeleton
- Fractures and dislocations
- Sprains and strains
- Chest injuries
- Dealing with major illness and other injuries

All candidates are required to complete a short multiple-choice test as part of the assessment. If you require additional support, please contact UHI Orkney at least 2 weeks prior to the start of the course.

Appropriate clothing must be worn as you will be taking part in practical demonstrations.

Please take photo ID with you on the day of the course.

Please check in at Reception on arrival.