



Highfield Award in First Aid at Work

Blended Learning

Duration: 6 Hours of eLearning
12 Hours (2 Days) Practical Attendance

Venue: Online and UHI Orkney

Qualification:

Highfield Award in First Aid at Work at SCQF Level 6.

Aims

The objective of this qualification is to support learners in becoming first aiders in the workplace.

Requirements

It is recommended that learners are a minimum of 16 years of age and advised that learners have a minimum of National 5 (or equivalent) English and are physically capable of completing the practical assessment.

Pre-course requirements

To adhere to Highfield blended learning guidance, attendees **must complete the online eLearning course** prior to attending the practical sessions. We will also post out the handbook to all candidates in advance of attending training. Please supply a postal address at the point of booking.

Course content

The course will cover the following topics:

- Responsibilities of the first aider
- Assessing an incident
- Managing an unresponsive casualty
- The respiratory system
- Wounds and bleeding
- Shock and seizures
- Dealing with minor injuries
- The human skeleton
- Fractures and dislocations
- Sprains and strains
- Chest injuries
- Dealing with major illness and other injuries

Short Course Enquiries: Tel 01856 569203
ocshortcourses@uhi.ac.uk

All candidates are required to complete a short multiple-choice test as part of the assessment. If you require additional support, please contact UHI Orkney at time of booking.

Appropriate clothing must be worn as you will be taking part in practical demonstrations.

Please take photo ID with you on the day of the course.

Please check in at Reception on arrival.