

Highfield Award in First Aid at Work Blended Learning

Duration: 2 days

Time: 9.00am-4pm

Venue: Orkney College UHI

Tutor: Various

Qualification:

Highfield Award in First Aid at Work at SCQF Level 6

Aims:

The objective of this qualification is to support learners in becoming first aiders in the workplace.

Entry Requirements:

It is recommended that learners are a minimum of 16 years of age and advised that learners have a minimum of National 5 (or equivalent) English and are physically capable of completing the practical assessment.

Pre-course requirements:

To adhere to Highfield blended learning guidance we are required to post out the handbook and pre-course questions to all candidates in advance of attending training. Please supply a postal address at the point of booking.

Course content:

The course will cover the following topics:

- Introduction
- Responsibilities of the first aider
- Assessing an incident
- Managing an unresponsive casualty
- The respiratory system
- Wounds and bleeding
- Shock and seizures
- Dealing with minor injuries
- The human skeleton
- Fractures and dislocations
- Sprains and strains
- Chest injuries
- Dealing with major illness and other injuries

**All candidates are required to complete a short multiple choice test as part of the assessment
If you require additional support please contact Orkney College prior to the start of the course.**

Appropriate clothing must be worn as you will be taking part in practical demonstrations.
Please take photo ID with you on the day of the course.

Please check in at Reception on arrival.

Short Course Enquiries:

Tel 01856 569203

OCshortcourses@uhi.ac.uk